

GIORGIA LUPI and STEFANIE POSAVEC

PHONES

TO-DO LIST

CONVERSATIONS

GRATITUDE

SMILES

LOVE

DREAMS

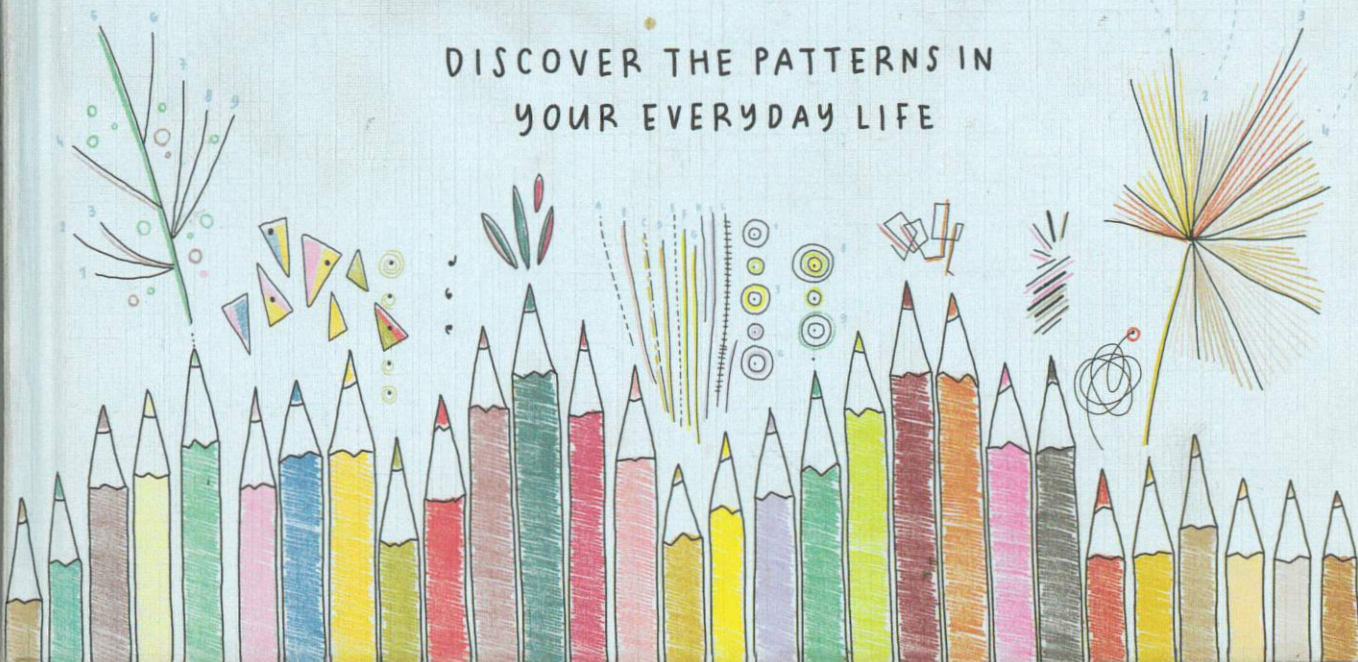
DISTRACTIONS

OBSERVE, COLLECT, DRAW!

1 2 3 4 5 6 7 8 9 10

A VISUAL JOURNAL

DISCOVER THE PATTERNS IN
YOUR EVERYDAY LIFE

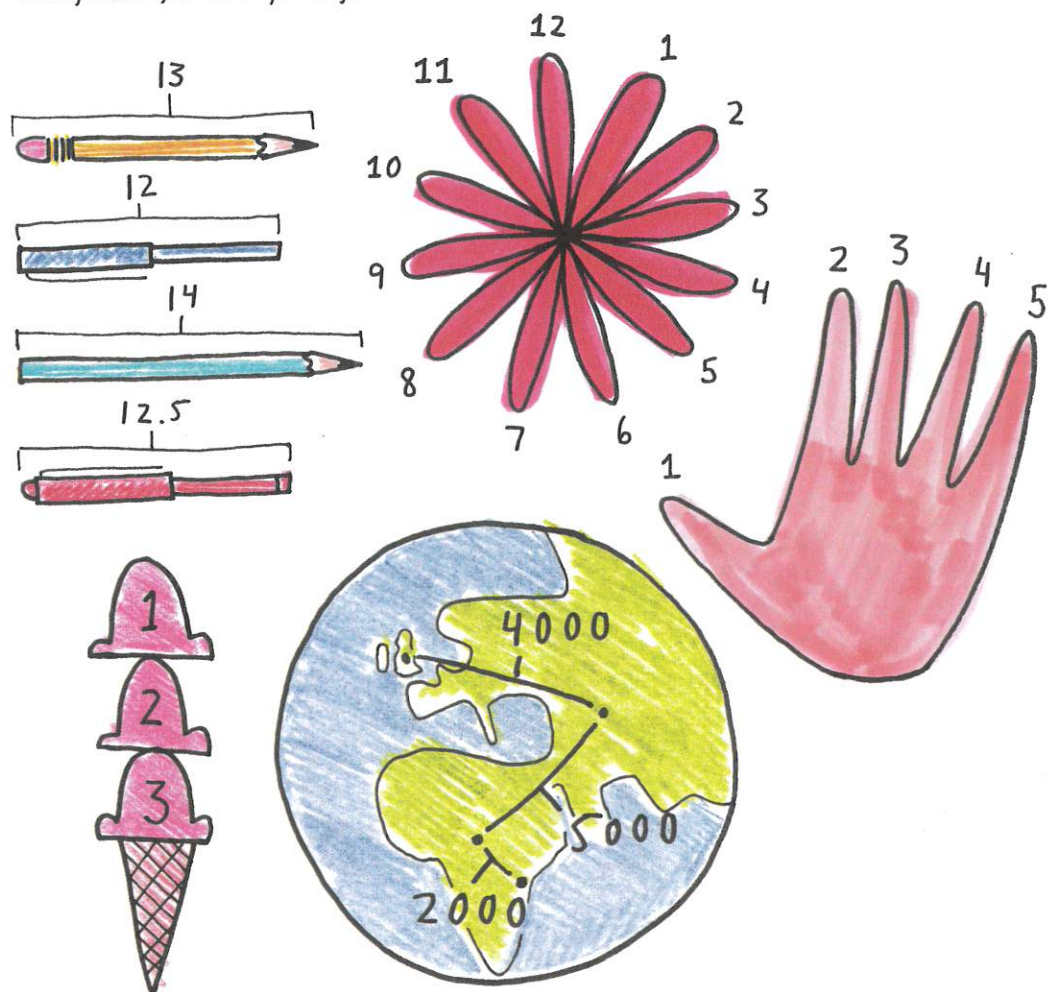


INTRODUCTION

WHAT IS DATA?

Every plant, every person, and every interaction we take part in can be mapped, counted, and measured, and these measurements are what we call data.

Once you know how to find these invisible numbers, you begin to see these numbers everywhere, in everything.



WHY DOES IT MATTER?

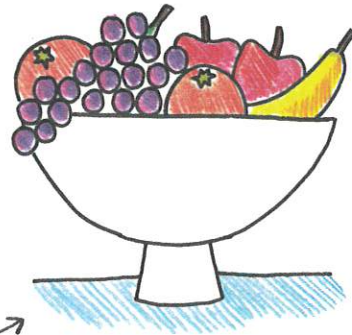
DATA COLLECTED FROM LIFE CAN BE A SNAPSHOT OF THE WORLD IN THE SAME WAY THAT A PICTURE CATCHES SMALL MOMENTS IN TIME, AND IT CAN BE USED TO DESCRIBE THE HIDDEN PATTERNS FOUND IN EVERY ASPECT OF LIFE, FROM OUR DIGITAL EXISTENCE TO THE NATURAL WORLD.

BY SEEING THE WORLD THROUGH THE LENS OF DATA, AND SKETCHING THE PATTERNS YOU DISCOVER IN THE DETAILS OF YOUR LIFE, YOU CAN ENCOURAGE YOURSELF TO NOTICE MORE CLOSELY THE LIFE UNFOLDING AROUND YOU, AND BECOME MORE IN-TUNE WITH YOUR WORLD AND YOURSELF IN THE PROCESS.



PAINT, PAPER, CLAY... AND DATA!

For centuries, artists have used paper and pencils to sketch the life unfolding around them, but in the digital age, data has become a creative material like paint or paper, offering a new way of seeing and engaging with the world.



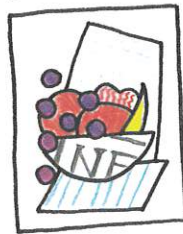
PHOTOGRAPHY →



PENCIL →



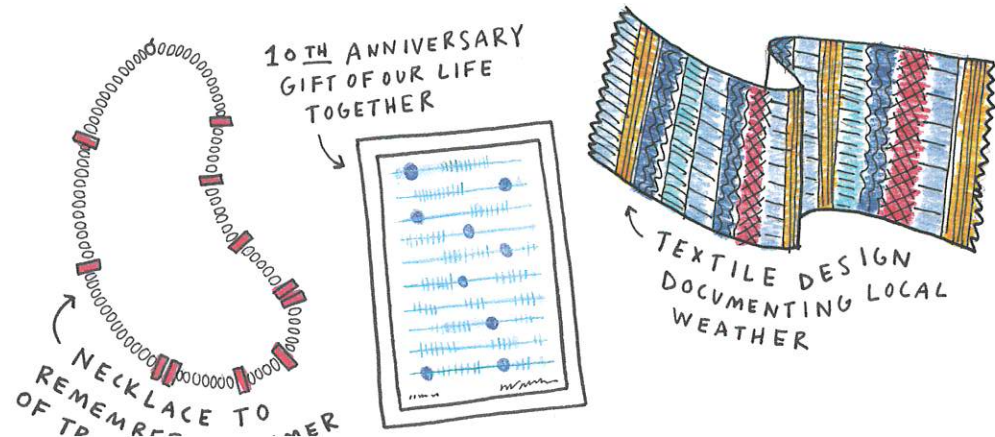
COLLAGE →



DATA! ↑

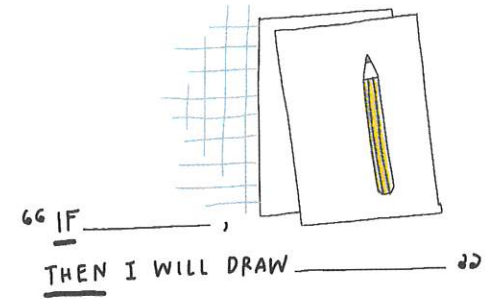


You can use your data as a starting point not only for drawings and discovery, but also in other creative projects, such as jewelry, gifts, textile patterns, sculptures, and more!

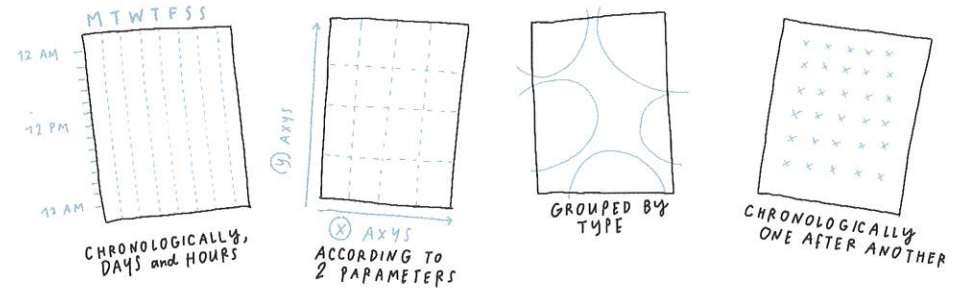


FINDING FREEDOM IN CONSTRAINTS

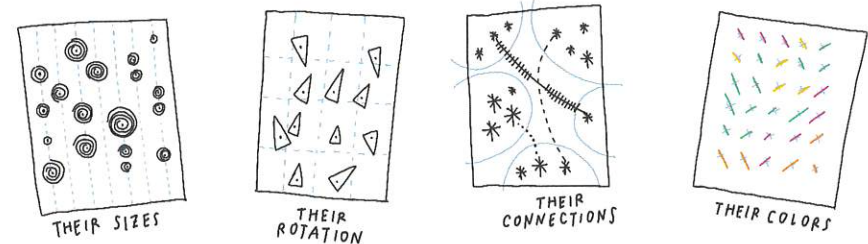
AFRAID OF THE BLANK PAGE?
DRAWING WITH DATA WILL FUEL YOUR CREATIVITY. AFTER YOU ESTABLISH A SET OF RULES, EVERY SYMBOL, COLOR, PATTERN, OR LINE WILL BE GUIDED BY SOMETHING YOU HAVE NOTICED, COUNTED, AND CATEGORIZED.



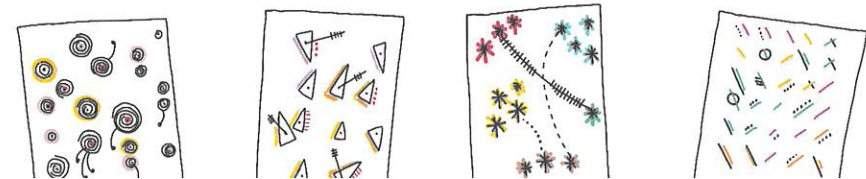
RULES FOR ORGANIZING MY DATA ON THE PAGE:



RULES FOR THE MAIN SHAPES FOR MY DATA:

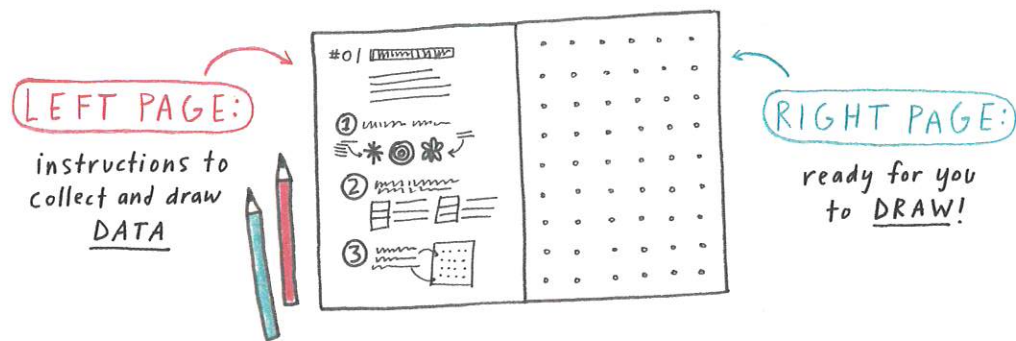


ADD COLOR-BASED RULES FOR THEIR ATTRIBUTES:



COLLECTING AND DRAWING YOUR DATA

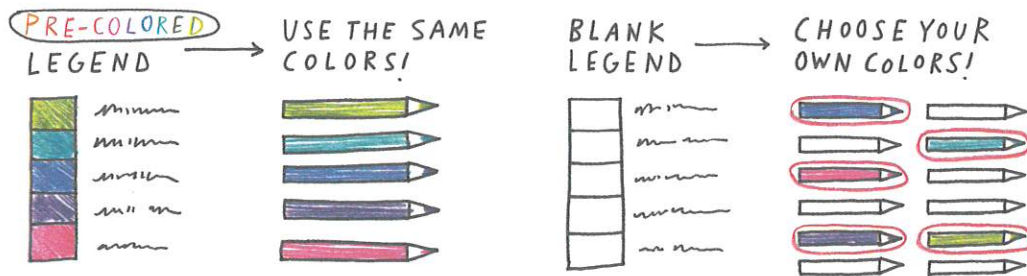
ALL OF THE ACTIVITIES FOLLOW THE SAME FORMAT:



THERE ARE LOTS OF DIFFERENT WAYS TO COLLECT YOUR DATA. USE WHATEVER WORKS FOR YOU!



HMM, WHICH PENS AND PENCILS TO USE?

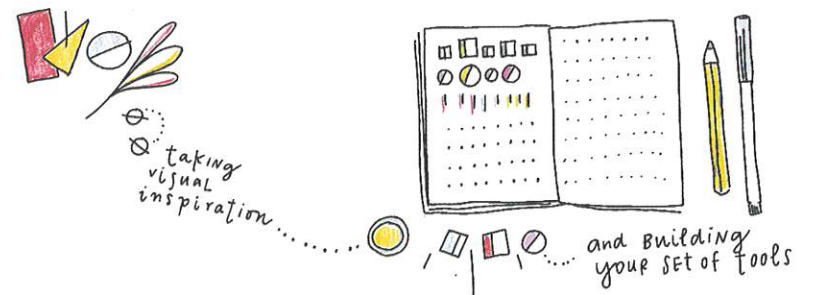


READY TO SHARE YOUR DRAWING WITH THE WORLD?



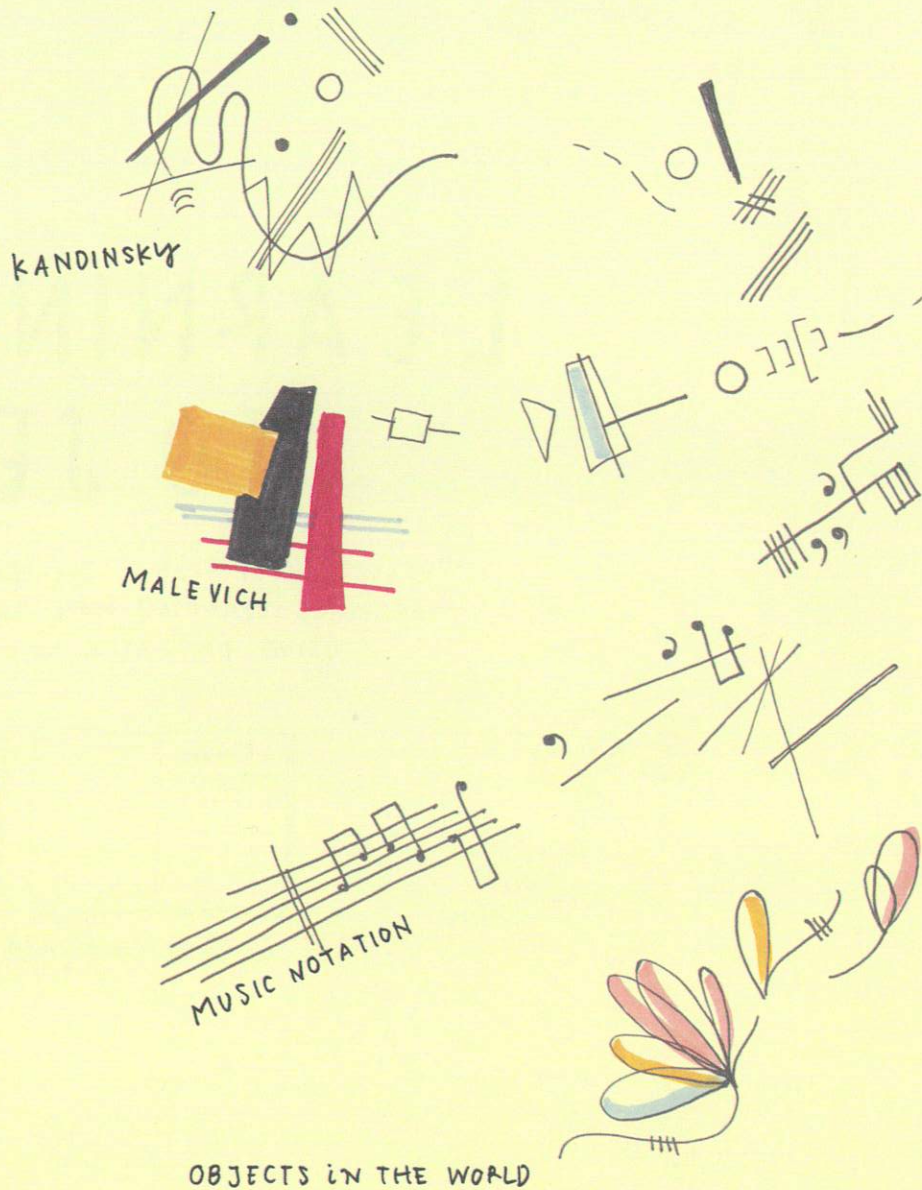
LEARNING TO SEE

OVERCOME YOUR FEAR OF THE BLANK
PAGE WHILE LEARNING MORE ABOUT
USING DATA AS A MATERIAL.



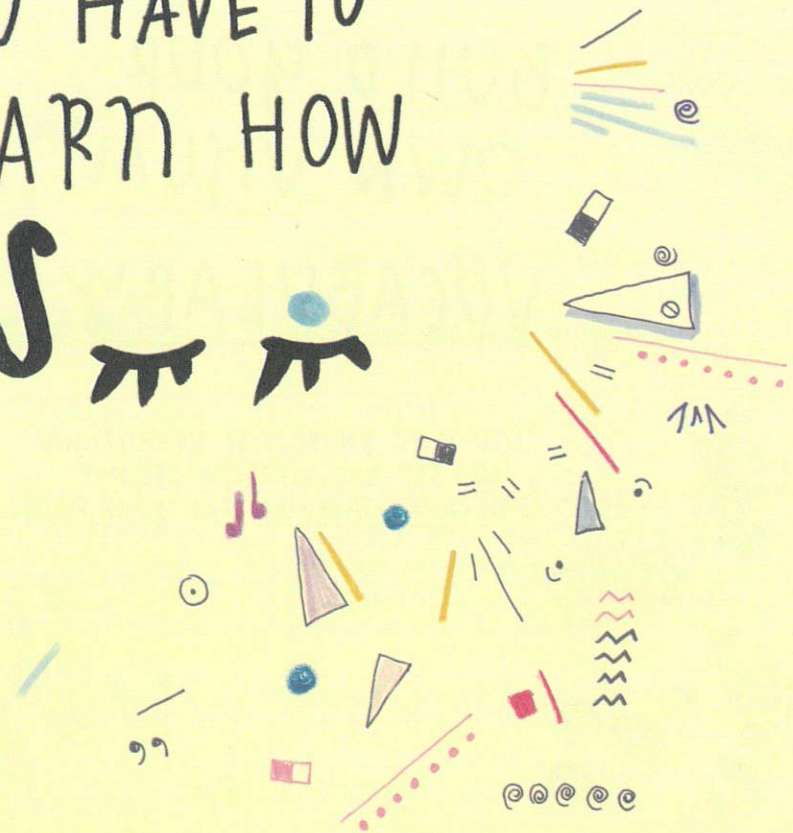
WHAT DO WE LIKE OF WHAT WE SEE?
WHAT ELEMENTS, ASPECTS, AND FEATURES DO
WE APPRECIATE and WHY?

LEARNING TO SEE AND TO UNDERSTAND THE AESTHETIC
QUALITIES THAT ATTRACT US IS ESSENTIAL FOR
CREATORS OF ANY KIND.



TO LEARN TO DESIGN

YOU HAVE TO
LEARN HOW
TO SEE

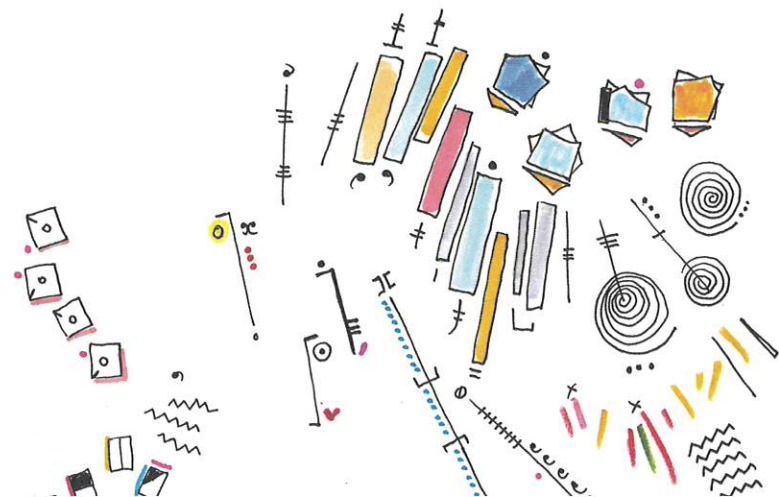
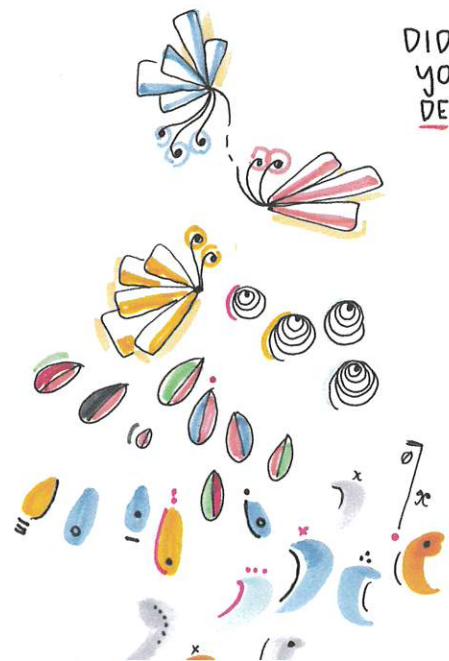


WITH TIME WE CAN LEARN TO NOTICE
AND RECALL THEM WHILE CREATING SOMETHING NEW.
THIS IS AN OPEN INVITATION TO THE ART OF
OBSERVATION.



BUILD YOUR OWN VISUAL VOCABULARY

DID YOU KNOW THAT EVERYTHING YOU SEE AND LIKE CAN BECOME DESIGN MATERIAL FOR YOUR DATA?



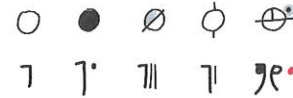
COLOR VARIATION

TO INDICATE GROUPS OR CATEGORIES OF ELEMENTS



SYMBOL VARIATION

TO INDICATE DIFFERENT INSTANCES OF THE SAME TYPE WITH TINY EXTRA SYMBOLS TO REPRESENT A SPECIAL ENTRY



THICKNESS and LENGTH

TO VISUALIZE INCREASING DURATIONS OR INTENSITIES



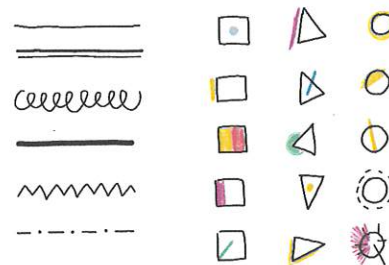
LEFT AND RIGHT

FOR INDICATING A BEFORE-AND-AFTER SITUATION



SHAPE VARIATION

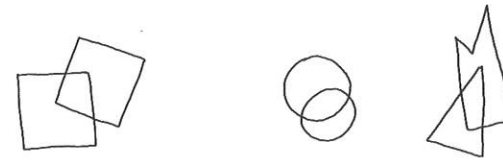
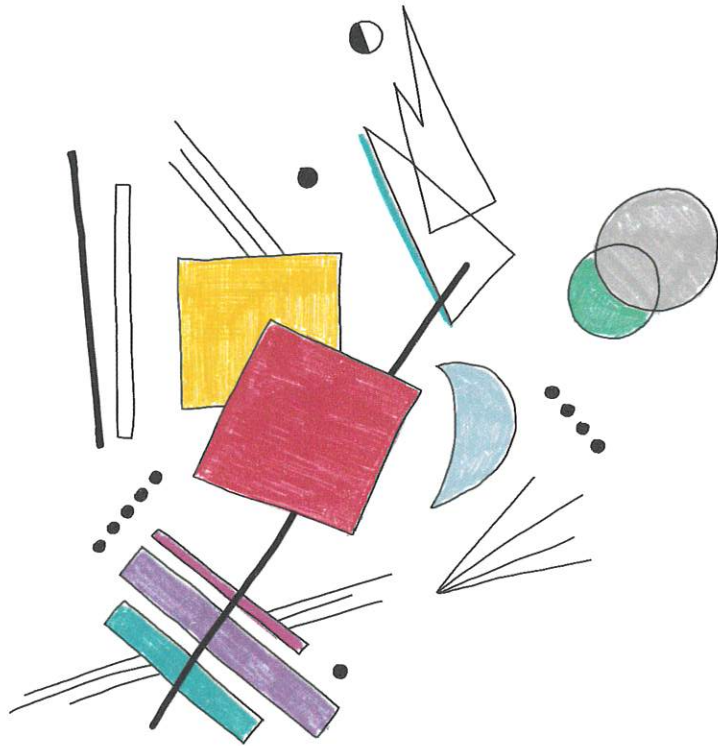
LOOK AT HOW MANY VARIATIONS THERE ARE FOR A LINE, A SQUARE, A CIRCLE, OR A TRIANGLE!



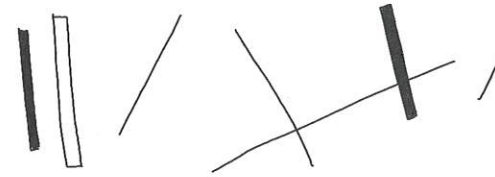
BY STARTING SIMPLE, YOU CAN COMBINE ELEMENTS, ASSIGN LENGTHS ACCORDING TO YOUR DATA RULES, AND CREATE BEAUTIFUL AND COMPOUND SHAPES.

WHAT CAN WE LEARN FROM: ABSTRACT ART

THOUGH APPARENTLY UNRELATED, ABSTRACT ART AND DATA VISUALIZATION ACTUALLY HAVE A LOT IN COMMON. WHILE CLEARLY PURSUING DIFFERENT GOALS, ABSTRACT ARTISTS AND DATA-VISUALIZATION DESIGNERS DRAW ON COMMON PERCEPTION PRINCIPLES AND APPLY THEM TO SIMPLE SHAPES AND A DEFINITE RANGE OF COLORS TO CREATE BASIC VISUAL COMPOSITIONS THAT PLEASE THE EYE AND DELIVER A MESSAGE.



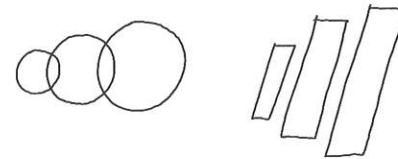
COMPOSITION: OVERLAP, ROTATION, AND JUXTAPOSITION OF SHAPES



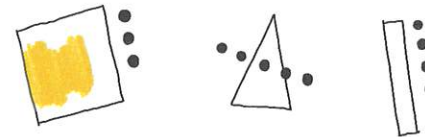
COMPOSITION: THE ORIENTATION AND OVERLAP OF LINES



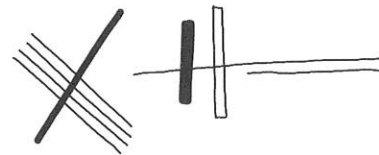
PERCEPTION: DISTINGUISHED COLOR PALETTES AND MATCHING COLORS



PERCEPTION: VARIATIONS IN SIZES



DETAILS: THE ELEGANT DETAILS ON TOP OF THE COMPOSITION THAT WE CAN USE TO REPRESENT PECULIARITIES IN OUR DATA



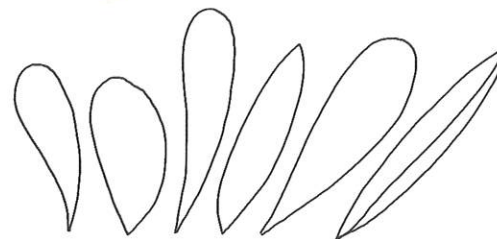
DETAILS: THE VISUAL HIERARCHIES (TOP TO BOTTOM, AND FOREGROUND AND BACKGROUND) CREATED BY THE INTERACTION OF VARIOUS ELEMENTS

WHAT CAN WE LEARN FROM: NATURE

TO EXPAND YOUR VISUAL VOCABULARY, YOU NEED TO CHANGE THE WAY YOU LOOK AT THE WHOLE WORLD AROUND YOU, AND NOT ONLY AT ART; STOP SEEING ONLY THE BIG PICTURE AND LOOK FOR DETAILS. EVEN THE NATURAL ELEMENTS AROUND YOU ARE A GREAT SOURCE OF INSPIRATION FOR SHAPES, PATTERNS, TEXTURES, AND OVERALL HARMONY!



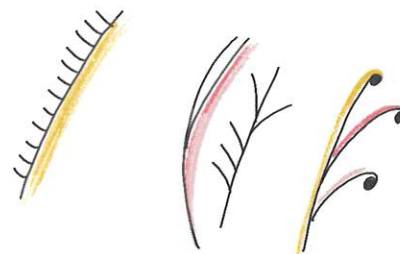
COLOR GRADIENTS



VARIATIONS IN THE SHAPES OF
PETALS AND LEAVES



TINY ELEMENTS AND THEIR VARIATIONS



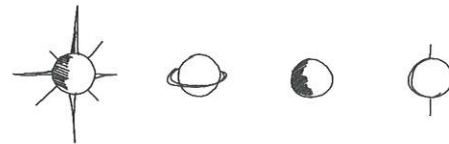
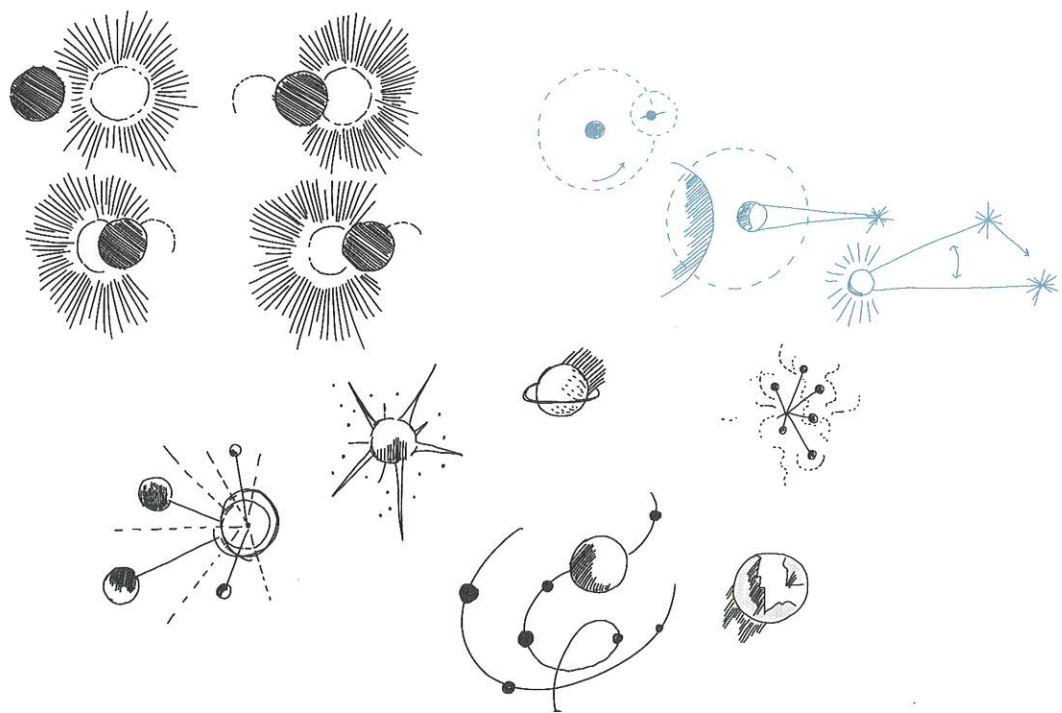
COMBINING COLORS AND PATTERNS



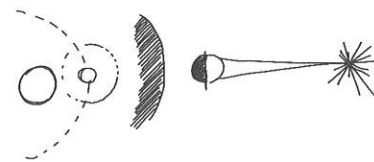
ADDITIONAL BACKGROUND COMPONENTS

WHAT CAN WE LEARN FROM: ASTRONOMICAL DIAGRAMS

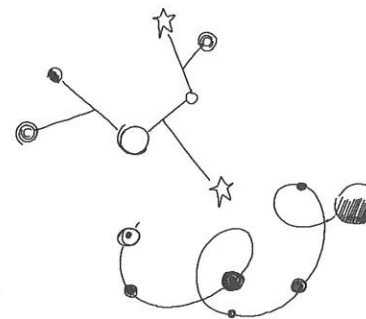
DIAGRAMMATIC REPRESENTATIONS CAN TEACH US A LOT AS WELL: THEY ARE ALREADY INFORMATION LANGUAGES. ASTRONOMY DIAGRAMS, FOR EXAMPLE, EXPLAIN DIFFICULT ASTRONOMICAL CONCEPTS WITH CLEAR REPRESENTATIONS. A DATA-VISUALIZATION DESIGNER CAN LEARN FROM ASTRONOMICAL DIAGRAMS HOW TO WORK WITH THE VARIATION AND POSITION OF ELEMENTS AND THE CONNECTION BETWEEN THEM.



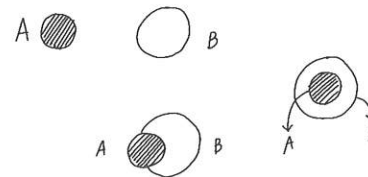
VARIATIONS OF SIMPLE ELEMENTS



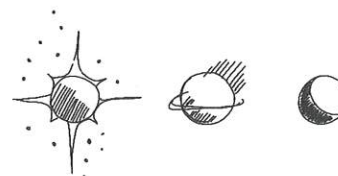
CREATING SYSTEMS OF ELEMENTS



CONNECTING SYSTEMS OF ELEMENTS



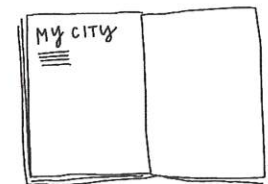
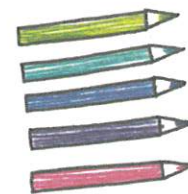
VARIATIONS IN THE LOCATION AND OVERLAP OF ELEMENTS



THE DETAILS THAT VISUALLY MAKE THE DIFFERENCE

CRAFTING YOUR VISUAL LANGUAGE

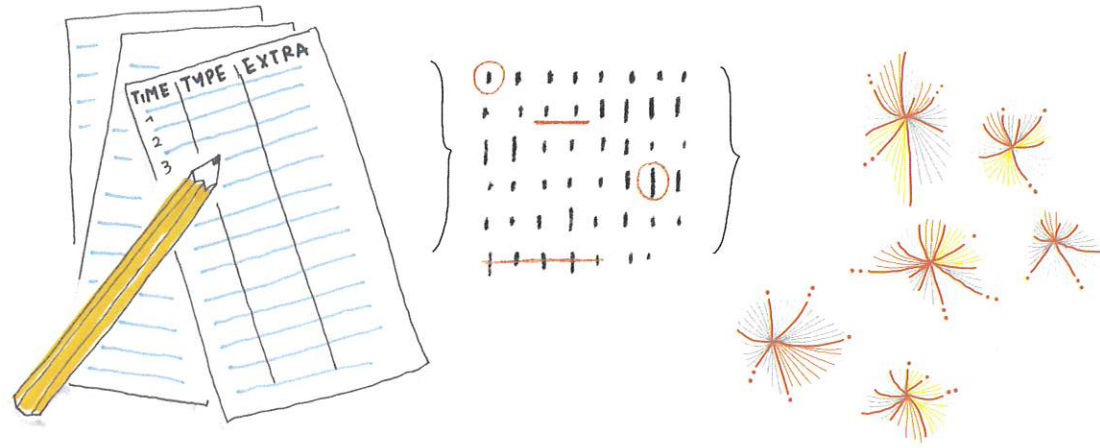
OPEN-ENDED IDEAS FOR DRAWINGS USING
YOUR OWN DATA, IN YOUR OWN RULES,
WITH YOUR OWN STYLE.



YOUR
RULES

DRAW!

SEE THE WORLD AS A DATA COLLECTOR



DATA PERMEATES OUR DAYS AND OUR LIVES, IT'S JUST A MATTER OF LEARNING HOW TO RECOGNIZE IT



BEGIN WITH A QUESTION

BEGIN WITH A PRIMARY QUESTION: WHAT DO YOU WANT TO KNOW AND EXPLORE? THEN ENRICH THE DATA (AND GIVE THE DRAWINGS DEPTH) BY ASKING ADDITIONAL SMALLER, CONTEXTUAL QUESTIONS.



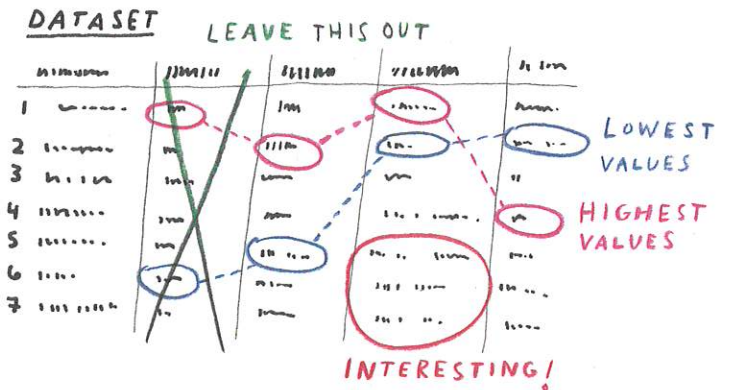
GATHER THE DATA

Collect your data however you choose, all the while being immediate, truthful, and consistent in your data-gathering.



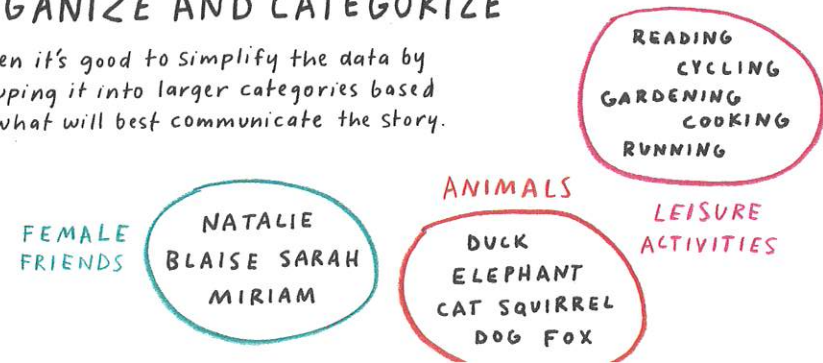
SPEND TIME WITH DATA

Before starting to visualize, always analyze and spend time with your data, searching for patterns and trying to understand it at a deeper level.



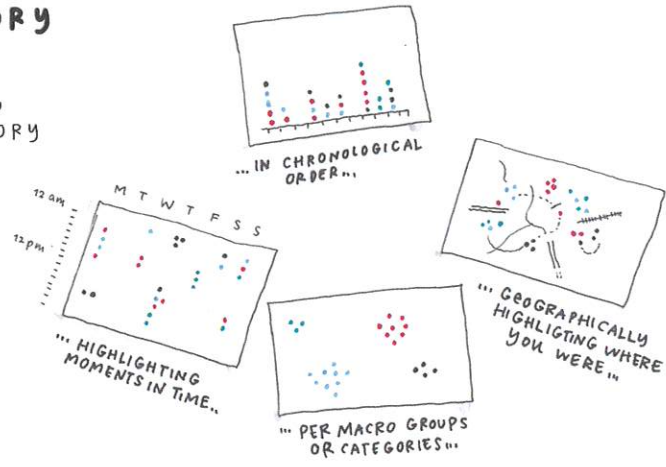
ORGANIZE AND CATEGORIZE

Often it's good to simplify the data by grouping it into larger categories based on what will best communicate the story.



FIND THE MAIN STORY

STARTING WITH PATTERNS DISCOVERED IN THE DATA, DECIDE WHAT THE MAIN STORY IS FOR THE DRAWING. FINDING THE DATA'S FOCUS HELPS DECIDE THE LAYOUT OF A DATA DRAWING.



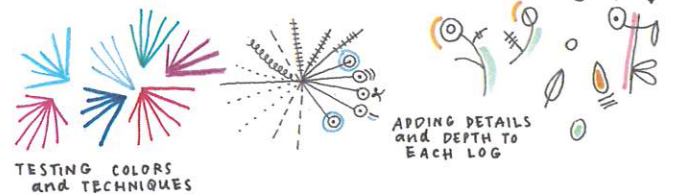
GET VISUALLY INSPIRED

LOSE YOURSELF IN IMAGES, USING THE AESTHETIC QUALITIES OF THE FEATURES YOU ARE ATTRACTED TO AS A VISUAL INSPIRATION FOR THE DRAWING.



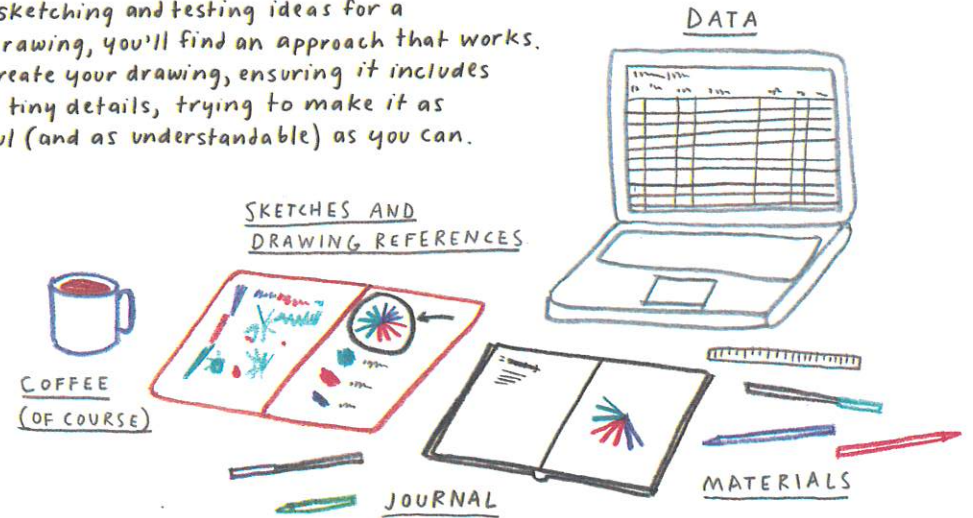
SKETCH AND DRAFT IDEAS

EXPLORE IDEAS BY SKETCHING AND PLAYFULLY EXPERIMENTING WITH FORM, COLOR, AND MATERIALS IN A FREEHAND FASHION AS YOU DECIDE THE VISUAL ELEMENTS THAT WILL REPRESENT EVERY PART OF THE DATA.



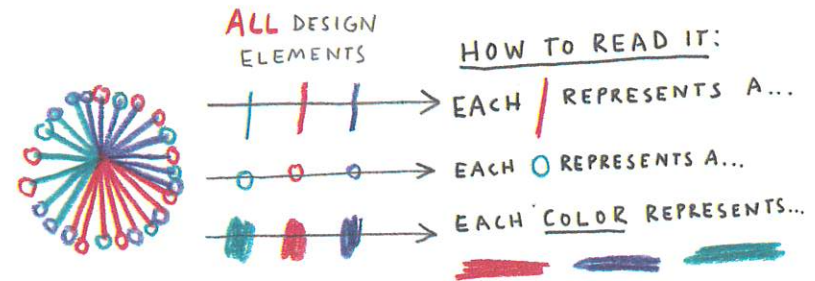
DRAW THE FINAL PICTURE

AFTER SKETCHING AND TESTING IDEAS FOR A DATA-DRAWING, YOU'LL FIND AN APPROACH THAT WORKS. THEN CREATE YOUR DRAWING, ENSURING IT INCLUDES ALL THE TINY DETAILS, TRYING TO MAKE IT AS BEAUTIFUL (AND AS UNDERSTANDABLE) AS YOU CAN.

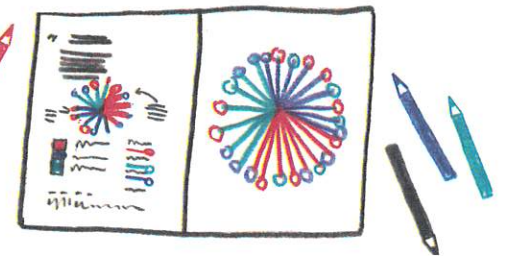


DRAW THE LEGEND

CREATING A LEGEND STARTS WITH A QUESTION: "WHAT DOES SOMEONE NEED TO READ MY DATA-DRAWING?" IN THE LEGEND, EVERY DESIGN ELEMENT THAT REPRESENTS DATA IS LISTED SO THE READER UNDERSTANDS WHAT EVERYTHING MEANS.



AND THAT'S IT!
YOU'VE CREATED
A DATA-DRAWING!



#36 MY EXERCISE/ ACTIVITY ROUTINE

How active are you, and what type
of activity do you enjoy the most?
From walking to dancing, running for
buses, or cleaning the house, it all counts,
So make a record of your activity for
a week to find out!